

# Premium Luxury Red-Light Infrared Saunas with Gemstone Emitters

The World's Fastest Heating Infrared Saunas

## SaunaWellness™ PRO 5



Life-Changing Natural Energies

12

TWELVE  
NATURAL  
ENERGIES

[www.wellness-usa.com](http://www.wellness-usa.com)

Wellness  
USA™



# PREMIUM INFRARED SAUNAS

## Ultimate Luxury Infrared Saunas Twelve (12) Life-Changing Energies

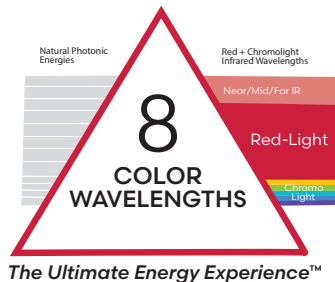
### MULTIPLE INFRARED (IR) WAVELENGTHS

Sauna Wellness Pro 5 infrared sauna system has extraordinary patented engineering features which are unique and superior amongst all commercial radiant IR saunas: three (3) distinct wavelengths (near / mid / far) with different penetration levels for more even body warmth.

The advanced infrared system is the fastest heating system for a rewarding healthy lifestyle wellness activity.

The superbly crafted with Premium Canadian Hemlock Sauna is eco-friendly: environmentally responsible material. Heat-resistant: density allows for excellent heat retention. Hemlock wood: natural protection against mold, decay, and insect infestation.

Better Wellness – Better Fitness – Better Quality Life

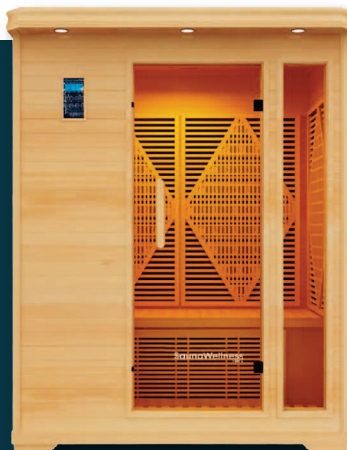


The Ultimate Energy Experience™

Wellness  
USA™



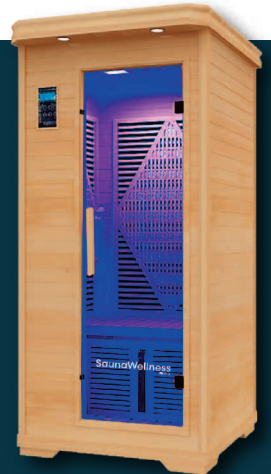
Red-Light  
660 nm / 850 infrared



Yellow-Light  
585 nm



Green-Light  
525 nm



Blue-Light  
425 nm

# SaunaWellness™

## PRO 5

### Fastest Heating

The SaunaWellness™ PRO 5 offers faster, safer, and more effective sauna sessions for skin and deep tissue benefits, plus enhanced relaxation and recovery. The SaunaWellness™ PRO 5 is the first infrared (IR) sauna that offers the intense heat of traditional rock saunas plus the benefits of Red-Light and IR. Our patented technology combines carbon heaters, Jade, Bian, and Pink Ferric Oxide IR emitters for faster heating with focused benefits.

#### MULTIPLE WELLNESS BENEFITS

Stress  
Reduction &  
Improve Sleep

Increase  
Strength  
& Endurance

Performance  
& Fitness  
Recovery

Assist Weight  
Management  
Goals

Enhance  
& Optimize  
Wellness

Promote  
Mindfulness  
& Mental Acuity



# SaunaWellness™

## PRO 5

### Private Sanctuary (1-2 Person) 16 square feet

The **SaunaWellness PRO 5** is an infrared (IR)/LED sauna that bio-stacks 4 types of IR emitters with intense LED light, 2 sanitation technologies, augmented sound, and electric & magnetic fields (EMF) absorbing technology. The **SaunaWellness PRO 5** Collection saunas are the fastest heating IR saunas and the only IR saunas that also offer the embracing heat of a traditional stone sauna.

Five (5) Powerful Red-Light & 8-Chromolight LEDs Selections

Chromatic Wavelengths: (Red, Blue, Green, Yellow, Orange, Pink, Purple, FS White) 8-Chromolight LEDs Selections



Interior & Exterior Control Panel Time Temp/USB Music Interface

Pink Ferric Oxide Emits Mid Infrared & Absorbs EMF

Blonde Hemlock Premium Canadian wood Interior Exterior Construction

Two (2) High Performance Bluetooth Speakers

Air Vent Maximize Flow

Jade emits Near & Far Infrared

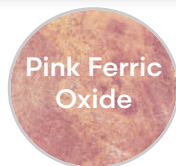
Sacred Geometry Diamond Design

Tempered Glass Door

6 Carbon Infrared Heaters (Up to 150 F)

Bian Emits Far Infrared & Negative Ions

Two (2) Heavy-duty Hinges for Everlasting Support



## BIO-STACKING Principles

Bio-stacking combines multiple wellness technologies that work together to create a more effective outcome.

A man is sitting on a wooden bench inside a sauna. The sauna has wooden walls and a wooden floor. The man is wearing black shorts and blue sneakers. He has his eyes closed and a relaxed expression. The lighting is a mix of red and blue, creating a bio-stacking effect. On the left side of the image, there are four rectangular panels, each with a different color and texture, representing different wellness technologies. The first panel is red and labeled 'RED-Light'. The second panel is green and labeled 'Jade Gemstones'. The third panel is black and labeled 'Bian'. The fourth panel is pink and labeled 'Pink Ferric Oxide'.

RED-Light

Jade Gemstones

Bian

Pink Ferric Oxide

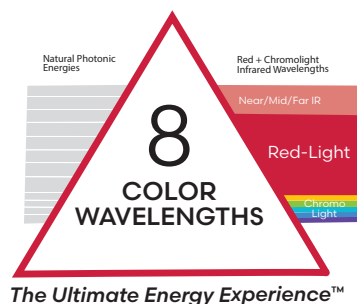
# The World's Fastest Heating RED-LIGHT INFRARED SAUNA

**SaunaWellness PRO 5** combines red-light, Infrared-light, near / mid / far infrared heat (up to 150°F ) with three (3) semi-precious gemstone emitters for a soothing and relaxing experience. It's a private wellness sanctuary with integrated music speakers for energizing & calming sauna sessions.

## Benefits of RED-LIGHT Sauna Sessions

- Natural Wellness, Cleansing Perspiration, Improved Energy & Endurance
- A Healthy Wellness Activity for a Better Quality Life
- Weight Loss Goals & Weight Management
- Tranquil Relaxation & Stress Management
- Power Naps and Sleep Management
- Body Firming & Toning
- Enhanced Flexibility
- Soothing Red-Light Sessions

**SaunaWellness**  
PRO 5



Red 660 nm

Green 525 nm

Blue 425 nm

Full Spectrum White 425 nm - 660 nm

Near-Infrared 850 nm

The World's Most Advanced Health Technologies System for general improvement of body and mind, healthy weight loss goals and improved mindfulness. The **SaunaWellness Pro 5** is the ideal thermal healthy lifestyle for everyone.

The **SaunaWellness Pro 5** combines 12 natural wellness energies that can be personally experienced in 15 minutes or less for a healthy lifestyle routine, improving physical fitness, body tone, firming and muscle, developing strength, improving energy and endurance.

Users have shared that they have experienced an increase of mental acuity and better concentration, promoting relaxation and a reduction in stress. **SaunaWellness Pro 5** is the ultimate wellness sanctuary for practicing yoga and meditation.

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# Modern Human's Wellness is Enhanced by Near / Mid / Far Infrared Light

## Environmental Pollution Impacts Wellness:

The modern shift to indoor sedentary living, toxic industrial pollution, climate change, poor diets, lack of exercise, limited outdoor sun exposure, stressful urban culture and environmental pollution have contributed to modern wellness and health problems.

## Natural Energies Enhance Wellness & Health:

Passive bio-stacked natural energies enhance fitness, energy, endurance, improve mental acuity, sleep management and help promote a healthy lifestyle.

## Profound Effects of Red-Light, Chromolight, Near / Mid / Far Infrared Light

Healthy natural red-light, chromolight, and near / mid / far infrared light, can enhance wellness & improve overall general health. The benefits of natural energies include hyperthermic cleansing, energy enhancing red-light, increased endurance, accelerated fitness recovery, and improve mental acuity.

**Natural Energy Bio-Stacking**  
combines multiple natural energies  
for increased power and more results  
in less time in a single session.



## FIVE POWERFUL LIGHTS

Red-Light / Chromolight Module Boxes

### Wellness Benefits

- Cleansing Perspiration
- Increase Energy & Endurance
- Promote Mental Acuity & Mindfulness
- Optimize Wellness

ENGINEERED FOR  
SIMPLE OPERATION  
& SELF-AUTOMATED

### Signature Wellness Program

Temp: 120° - 130°F

Light: Red & White & Blue

Instructions: Red-Light 15 mn  
change to Full Spectrum White 5  
mn at Blue Light in last 5 minutes

Spa Moments: Add a drop of  
Spa Sense **Health** Essential  
Oils on a cotton ball

### Cleanse

Temp: 150 °F

Light: Red & Orange

Instructions: 30 mn Red-Light  
change to Orange  
in last 15 minutes

Spa Moments: Add a drop of  
Spa Sense **Cleansing** Essential  
Oils on a cotton ball

### Fitness

Temp: 150 °F

Light: Red -Light

Instructions: Red-Light  
for full 45 minutes  
Spa Moments: Add a drop of  
Spa Sense **Vigor** Essential  
Oils on a cotton ball



## ADVANCED WELLNESS TECHNOLOGY

# A Healthy Lifestyle for Everyone

Experience the world's first total surround chromolight & infrared emitters, a private sanctuary with the **SaunaWellness™ PRO 5**, where advanced technology enhances natural wellness experience.



### Lifestyle Benefits

- Stress Management
- Weight Management
- Pain Management
- Sleep Management

#### Wellness

Temp: 130-150 °F

Light: Red & Pink

Instructions: Change to

Pink light in 5 minutes

**Spa Moments:** Add a drop of  
Spa Sense **Health** Essential  
Oils on a cotton ball

#### Recovery Am & PM

Temp: 130-150 °F

Light: Red-Light & Green

Instructions: Red-Light

for the last 5 minutes Green

**Spa Moments:** Add a drop of  
Spa Sense **Relaxation** Essential  
Oils on a cotton ball

#### Epidermis

Temp: 140 °F

Light: Red-Light, Pink

Instructions: Change to

Pink light in 5 minutes

**Spa Moments:** Add a drop of  
Spa Sense **Relaxation** Essential  
Oils on a cotton ball

#### Sleep

Temp: 130-150 °F

Light: Red-Light

Instructions: Red-Light

for 20 minutes

**Spa Moments:** Add a drop of  
Spa Sense **Relaxation** Essential  
Oils on a cotton ball

Better Fitness. Better Wellness. Better Quality Life.

P.08

# Eleven (11) Natural Energies & Infrared Heat

## PRO 5

4-Person Sauna

6' Wide | 71" W x 45" D x 78" H

# 12

TWELVE NATURAL  
ENERGIES

By passively exercising your body using Infrared heat, you are experiencing whole body wellness with many of the similar results as traditional active fitness exercise for enhanced wellness.

### 12 Natural Energies

Five (5) Chromolight Stations

Eight (8) Colors

Thirty (30) LEDs

in each station

Powerful Infrared  
Heat Systems

Jade & Bian & Pink Ferric  
Oxide Infrared  
Gemstones Emitters

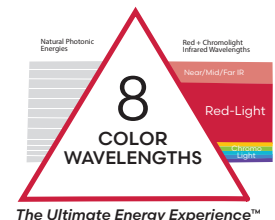
Interior Control Panel

Premium Canadian  
Hemlock



## SaunaWellness™

PRO 5



Experience Soothing Natural Relaxation, Stress Reduction and Enhanced Cleansing.

# Better Life with Natural Energies Infrared Sessions

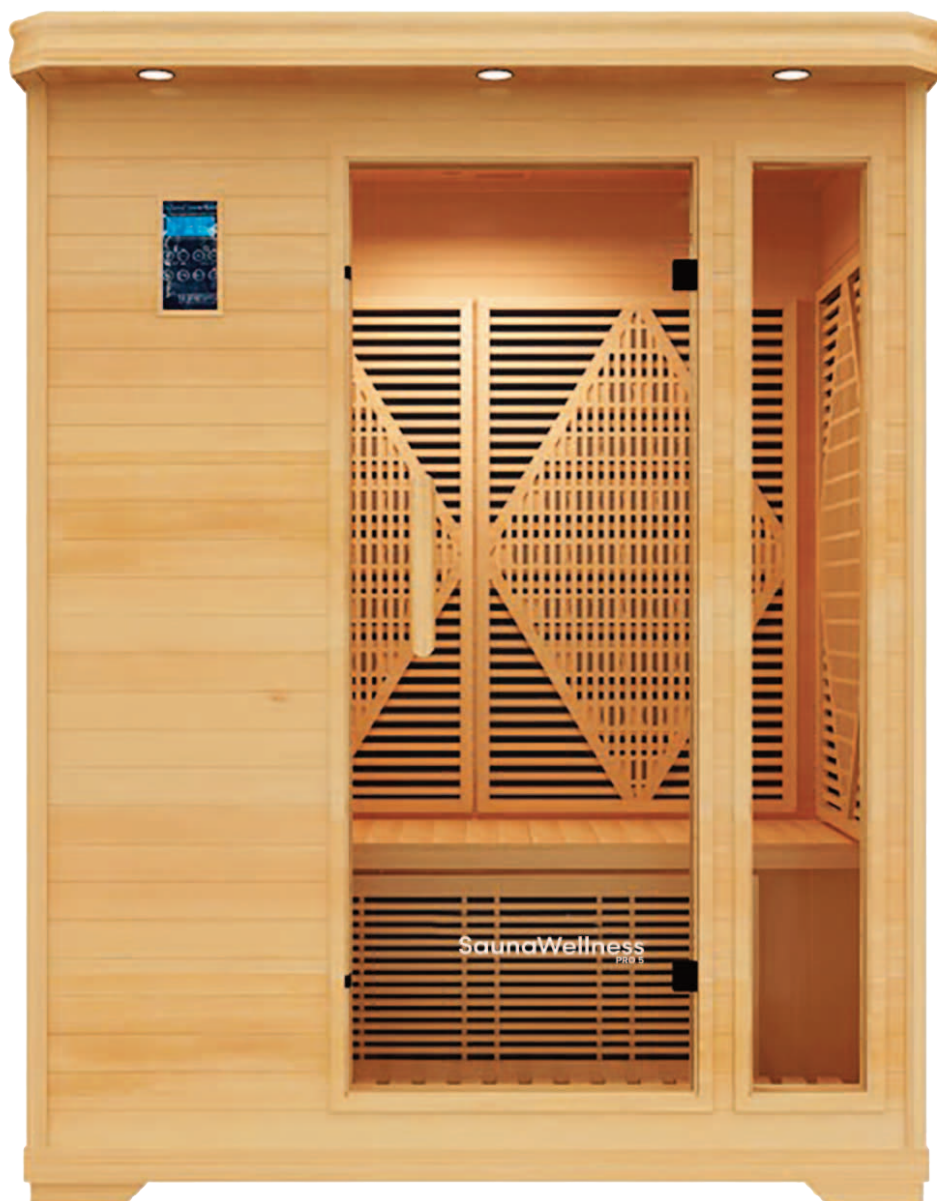
## PRO 5

3-Person Sauna

5' Wide | 59" W x 41" D x 78" H

# 12

TWELVE NATURAL  
ENERGIES



Passive heat and hyperthermic conditioning describes how your body increases perspiration, cleanses and sweats during the heated sauna conditions — and how you can improve your wellness and fitness through better heat acclimation and infrared sauna conditioning.

### 12 Natural Energies

Five (5) Chromolight Stations  
Eight (8) Colors  
Thirty (30) LEDs  
in each station

Powerful Infrared  
Heat Systems

Jade & Bian & Pink Ferric  
Oxide Infrared  
Gemstones Emitters

Dual Control Panels

Premium Canadian  
Hemlock

## SaunaWellness™

PRO 5



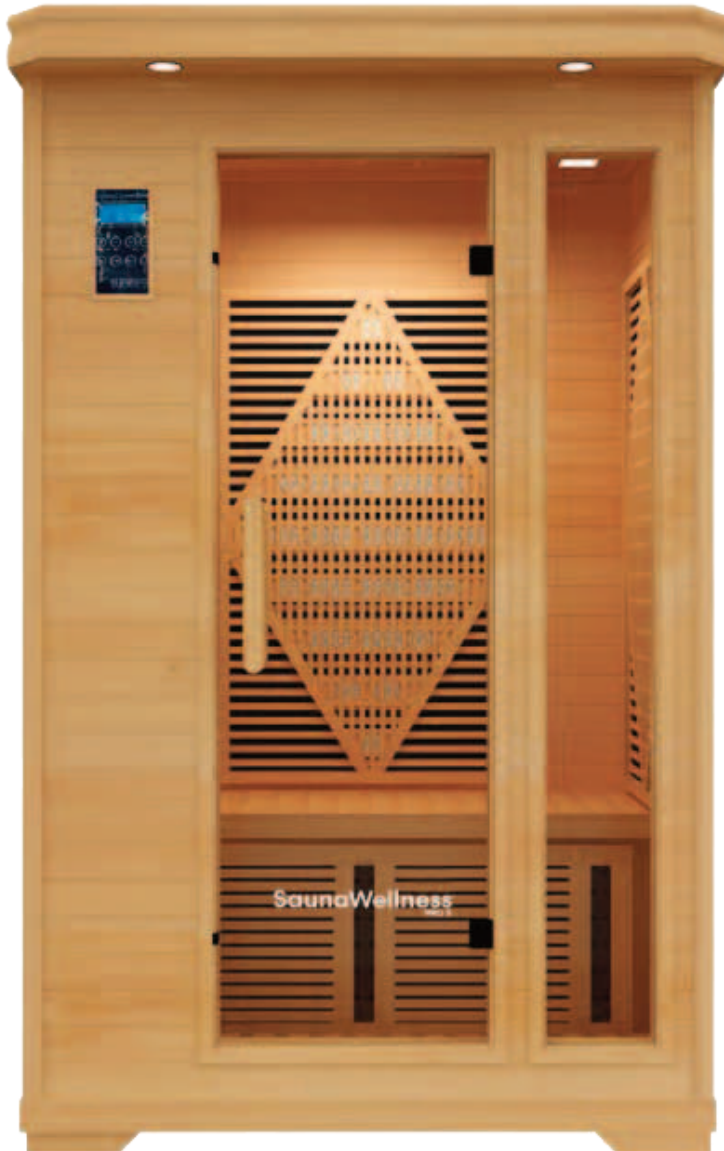
Sauna Wellness Pro 5 Provides Comfortable Passive Infrared Heat to Help You Perspire, Cleanse and Enhance Your Wellness.

# Better Fitness with Passive Whole Body Infrared Heat

## PRO 5

2-Person Sauna

4' Wide | 47" W x 37" D x 78" H



**SaunaWellness™**  
PRO 5

# 12

TWELVE NATURAL  
ENERGIES

Sauna Wellness PRO 5 System features eight (8) beautiful color selections for the perfect illumination for soothing and relaxing serenity.

12 Natural Energies

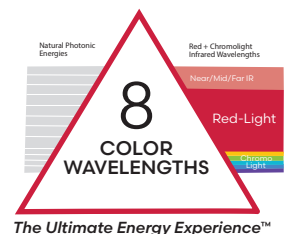
Five (5) Chromolight Stations  
Eight (8) Colors  
Thirty (30) LEDs  
in each station

Powerful Infrared  
Heat Systems

Jade & Bian & Pink Ferric Oxide  
Infrared Gemstones Emitters

Dual Control Panels

Premium Canadian  
Hemlock



Ambient Chromolights Station Modules Enhance Every Wellness Session.

# Better Wellness with a Premium Luxury Lifestyle

## PRO 5

1-Person Sauna

3' Wide | 35" W x 37" D x 78" H



**SaunaWellness**  
PRO 5

# 12

TWELVE NATURAL  
ENERGIES

Enjoy the wellness benefits  
of healthy lifestyle  
activity with passive  
infrared heat sessions.

Better Wellness. Better Fitness.  
Better Quality Life.

12 Natural Energies

—

Five (5) Chromolight Stations  
Eight (8) Colors  
Thirty (30) LEDs  
in each station

—

Powerful Infrared  
Heat Systems

—

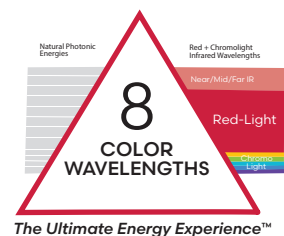
Jade & Bian & Pink Ferric Oxide  
Infrared Gemstones Emitters

—

Dual Control Panels

—

Premium Canadian  
Hemlock



Rejuvenate, Refresh & Enhance Your Wellness Lifestyle with a Sauna Wellness Pro 5 Infrared Sauna.

# Premium Luxury Wellness Infrared Saunas Beyond Infrared with Gemstone Emitters

## Why Choose SaunaWellness™ PRO 5 Infrared Saunas?

SaunaWellness™ PRO 5's Infrared wavelengths, Five (5) Chromolight stations, and Jade, Bian, and Pink Ferric Oxide gemstones deliver a premium wellness experience.

Soft Radiant Infrared Sauna Heaters allows the user to experience soft and comfortable whole body radiant sauna heat. Carbon Heaters are placed near the back, sides, and floor of the sauna to maintain a slow and even warmth.

Eight Colors (Red, Blue, Green, Yellow, Pink, Purple, Orange and Full Spectrum White) beautifully illuminate the sauna chamber.

Jade, Bian, and Pink Ferric Oxide Gemstones are incorporated into our wellness saunas. When heated, these gemstones are known as one of the few precious stones to conduct Infrared heat.

**Stylistic Wood, Craftmanship & Exclusive Sauna Design:** have been integrated into each **SaunaWellness** sauna. **Eco-friendly:** environmentally responsible material. **Aesthetic:** subtle aroma, hypoallergenic. **Durable:** resistant to warping with minimal expansion and contraction; natural protection against mold, decay, and insect infestation. **Heat-resistant:** density allows for excellent heat retention **Cultural significance:** historically used by Native American tribes for wellness purposes, including teas, ointments, and as a food source during times of scarcity.



**Wood Density Factor** - The high density of wood and expert craftsmanship found in the SaunaWellness is the true mark of a premium sauna. Each heater is covered with multiple vertical slats to protect the heaters, enhance the safety for all users and offer a beautiful lustrous look.

The Canadian Hemlock used in every SaunaWellness PRO 5 has become increasingly popular for sauna use due to its strength and wear-resistance keeping your sauna looking good for years to come.

**Easy Installation** - Our sauna is easy to assemble and requires no additional tools. It can be installed on any type of flooring and only requires a dedicated 20 amp outlet.



## SaunaWellness™ PRO 5 Advanced Infrared Heat

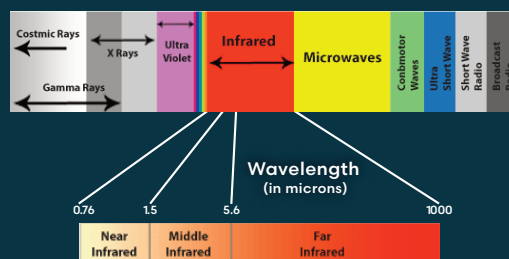
**SaunaWellness™ PRO 5's** Infrared heat has been patented and differs from traditional infrared systems, dry heat or steam system heat because it combines 12 natural energies for multiple wellness benefits; the PRO 5's heat is effective at a lower operating temperature (150° vs 200° for a traditional sauna) to offer greater comfort and ultimate wellness experience.

**SaunaWellness™ Pro 5's** infrared heaters provide near, mid and far infrared heating.

**Near (NIR) Infrared Heat**

**Mid (MIR) Infrared Heat**

**Far (FIR) Infrared Heat**



Note: Wellness USA Inc. makes no medical claims as to the specific benefits of its sauna use for individual users. The sauna is not a medical device.

# SaunaWellness™

PRO 5

## Easy Installation

3

### Step Three:

Attached the left side wall and latch to back panel.

7

### Step Seven:

Position the roof panel in place, connect all wiring and add dust cover.

2

### Step Two:

Attached the back panel to the floor panel

4

### Step Four:

Attached the right side wall and latch to back panel

5

### Step Five:

Position the calf heater in place and plug into back wall.

Lay the bench panel on top connecting to back wall panel.

1

### Step One:

Position the floor panel to your desired location.

6

### Step Six:

Position the front door panel in place and latch to both side walls

8

### Last Step:

Plug into outlet and enjoy



# SaunaWellness™

PRO 5

## The World's Fastest Heating Infrared Saunas

Better Fitness. Better Wellness – Better Quality Life.



### The Ultimate Collection of Premium Luxury Wellness Saunas

Capacity	1-Person	2-Person	3-Person	4-Person
Classic Radiant Heater Heater Surface Area	6 Carbon Heaters	6 Carbon Heaters	7 Carbon Heaters	7 Carbon Heaters
	22,265 cm <sup>2</sup>	30,365 cm <sup>2</sup>	33,515 cm <sup>2</sup>	33,580 cm <sup>2</sup>
Chromolights	5 Light Boxes; Select Colorful (Red, Blue, Green, Yellow, Pink, Purple, Orange, Full Spectrum White) Ambient Mood & White Reading Lights			
Wood	Premium Canadian Blonde Hemlock (8mm thick)			
Dimensions	3' Wide	4' Wide	5' Wide	6' Wide
External (inches)	35" W x 37" D x 78" H	47" W x 37" D x 78" H	59" W x 41" D x 78" H	71" W x 45" D x 78" H
Weight	235 lbs / 106.5 kg	331 lbs / 150 kg	364 lbs / 165 kg	450 lbs / 204 kg
Power	110V / 20A / 1400W	110V / 20A / 1656W	220V / 20A / 2774W	220V / 20A / 3026W
Semi-Precious Gemstones	Semi-Precious Jade, Bian, and Pink Ferric Oxide Gemstones			
Certifications	CE / TUV / ETL / C-Tick / KTL / CNAB / FCS			
Speakers	2 Bluetooth Speakers on Ceiling			
Control Panel	Dual Control Panels / Bluetooth / USB / FM / MP3 Audio			
Roof Vent	YES			
OPTIONAL	OxyOasis™   Oxygen Enriched Air System — OPTIONAL			

Warranty 2 Years Electronics, 5 Years Heaters. | Designed, Patented & Assembled in Minnesota, USA

Sauna WellnessPRO 5 is not a medical device. It is not for medical purposes and makes no medical claims. Sauna WellnessPRO 5 is a general wellness product, relaxation and healthy lifestyle wellness & fitness system.



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