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★ ★ ★ ★ **DELUXE** Multi-Sensory Wellness System

Weight management & Wellness - Fitness sauna pod

Fitness & Wellness System



Ultimate Stress Relief & Sleep Management
 Assists Weight Loss Goals & Weight Management
 Improve Mental Acuity & Concentration
 Improve Fitness, Firming & Toning
 Increase Energy & Endurance

Reinvenating Wellness & Fitness Recovery

HEALTHY LIFESTYLE WELLNESS SYSTEM





* * * * DELUXE Multi-Sensory Wellness System
Be Present — Be Fit — Be Well

The Art of (wing a Better life

MULTISENSORY TECHNOLOGIES PROMOTING A HEALTHIER LIFE **

Relax Mell

Wellness

The **RelaxWell POD™ DELUXE** promotes physical fitness, passive heat exercise and active heat exercise, weight management, assisting weight loss goals, healthy weight, sleep management, improvement of mental acuity and general wellness results that feel great & motivate wellness for everyone.



Synchronized WELLNESS

TECHNOLOGIES







AUTOMATED WELLNESS TECHNOLOGIES & FITNESS FEATURES

SYNCHRONIZED ADVANCED WELLNESS TECHNOLOGY

- Precise Temperature Control Sensor System
- Dynamic Dry Heat Air Whole Body Heating up to 190F / 90 C
- Radiant Tri-Infrared Heating (Far IR, Mid IR & Near IR)
- Heated Air Flow Vortex Fan

THOTA

- Ergonomic Radiant Infrared Heated
- Massage System 1: Whole Body Dual Vibration Motors
 Adjustable Massage System
- Ergonomic Comfort Cushioned Massage
- Twenty-Two (22) Automated Pre-Set Health & Lifestyle Programs, One-Touch Color LCD with Adjustable Features and 1 Custom Program
- Whole Chamber Ambient Chromolight System, Multicolor, R, Y, G, B, any combination
- Advanced LCD allows the choice of four (4) individual ambient multicolor zones with a variety of color combinations to enhance your mood and feel great
- Full Spectrum Ambient Chromo White Lights
- Above Body Ambient Multicolor Chromolights
- Face & Head Ambient Multicolor Chromolights with Cooling Face Fan separately controlled by LCD Multicolor System
- Cooling Face Air Fan System
- Turbo Body Chamber Air Fan System
- Aroma Diffusion Body Chamber System (4 auto-pumps)
- Advanced Real Time Engineering Data Collection System
- Calorie Indicator w/ Awareness K Cal-O-Meter
- Ambient Chromolight Pedestal & Hood Handles

- Height (Tall and Small) Posture Booster Adjustment Pillow
- EZ-Clean Massage Marine Vinyl Bed Cover
- Germicidal Ionizing Lamp
- Acrylic Hood Windows Enhance the Reflection of the Ambient Chromolights
- Himalayan Pure Salt Air Tile with Ambient Chromolight
- Fit-Bed[™] Dynamic Active Exercise System with Adjustable Resistance Strength Bands
- eScapes[™] LCD Interactive Guided Entertainment Suites (4)
 - Passive Weight Management (2 sets)
 - Passive Relaxation (8 sets)
 - Passive Relief (2 sets)
 - Positive Inspiration (2 sets)
- eScapes[™] LCD Interactive Guided Fitness Programs
 - Active Thermal H.I.I.T. Exercise Routines: Beginner, Intermediate, Advanced, Elite Pro
 - Active Thermal YOGA & CORE Flexibility
 Exercise Routines
 - Passive Thermal Guided Weight Management
- Oxy-Oasis[™] Oxygen Enriched-Air Concentrator,
- Stand-Alone System with 5L Automatic-flow (optional)
- Jade Gemstones IR are optional



★ ★ ★ ★ **DELUXE** Multi-Sensory Wellness System

Transforming Health & Wellness

RelaxWell POD DELUXE[™] is the World's First Whole Body Thermal Health Technology system with Dual Infrared & Convection Heat Technologies, Passive Thermal and Active Thermal Exercise Features, Multicolor Ambient Chromolights, Dual Massage Systems and Twenty Synchronized Technologies for Encouraging the Improvement of Fitness, General Health & Promoting Better Wellness.

Improved Health & Wellness Immediate Results-Enjoyable & Effective



US & WORLD PATENTS

RelaxWell POD Deluxe[™] has been awarded worldwide technology and ergonomic design patents. **RelaxWell POD Deluxe**[™] is a revolutionary invention based on proven physiology studies and scientific technology — uniquely combined into a synergistic platform intended to motivate and promote healthy lifestyle habits for the improvement of health, fitness and wellness.

MOTIVATE HEALTHY HABITS



AUTOMATED MULTISENSORY HEALTHY ACTIVITY PROGRAMS



Relax Mell **POD** Deluxe[™] automated multi-sensory technologies feel great and promote immediate wellness results & healthy lifestyle habits.



NEW HEALTHY LIFESTYLE RESEARCH - CHRONIC CONDITIONS

Studies show that a healthy lifestyle and healthy choices may help to reduce the risk or impact of living well with certain chronic diseases and conditions. **RelaxWell POD Deluxe**'s automated sessions embrace a healthy lifestyle that includes BETTER FITNESS, NUTRITION & SLEEP to help you LIVE HEALTHY AND ENJOY WELLNESS.



A Revolutionary Health Technology System

RelaxWell POD DELUXE[™] technologies automatically deliver twenty-two (22) pre-set programs. These features include a vortex-fusion of convection and conduction dry heated air (up to 190°F) plus independent radiant infrared heat the healthy combination of dual vibratory whole body, back and leg massage or soothing leg & feet compression massage, relaxing back heat system, comfortable ergonomic bed and head cushions, natural essential aroma diffusion and pure Himalayan salt air throughout the capsule, along with integrated music speakers, and cooling facial air fans that keep the face and neck cool for maximized thermal session times.

BENEFITS OF RELAXWELL POD SESSIONS

- Refreshing Purified Himalayan Salt Air, Invigorating Aroma & Enriched Humidity
- Natural Fitness, Cleansing Perspiration, Improved Energy & Endurance
- A Healthy Wellness Activity for a Better Life
- Weight Loss Goals & Weight Management
- Tranquil Stress Management & Relaxation
- Power Naps and Sleep Management
- Body Firming & Toning
- Enhanced Flexibility
- Soothing Hot Massage



The World's Most Advanced Health Technologies System for general improvement of body & mind wellness, healthy weight loss goals & healthy weight management. The **RelaxWell POD DELUXE**[™] Thermal Wellness pod is the ideal healthy lifestyle system. The **RelaxWell POD DELUXE**[™] combines 20 wellness technologies that can be personally customized for a healthy lifestyle system, improving physical fitness, body tone, firming and muscle, developing strength, improving energy and endurance, improving mental acuity and concentration, and promoting relaxation & stress management. **RelaxWell POD DELUXE**[™] is the ultimate wellness system for practicing meditation, power napping or clearing your mind for refreshing mindfulness.

Relax Well **POD Deluxe**[™] 21 Pre-Set Wellness Programs & 1 Custom

RelaxWell POD DELUXE[™] wide range of fitness and wellness programs provide an exciting menu of services. The possibilities are endless and will help you incorporate the **RelaxWell POD DELUXE**[™] along with cosmetics, nutritional products and combination protocols to enhance every person's wellness lifestyle. **RelaxWell POD DELUXE**[™] wellness programs have preset parameters for easy selection and one-touch operation or you can change the software settings to create your own special customized sessions.

Energy

High heat & intensity whole body massage with heated bed, Vigorous aromatherapy, Red/Yellow ambience facial & body lights.

High Hyperthermic

Max heat & intensity back massage and Low intensity lower body massage with heated bed, Vigorous aromatherapy, Intense cooling face fan, Red/Blue/Yellow ambience facial & body lights.

Meditation

Low heat & intensity whole body massage, Relaxation aromatherapy, Low cooling face fan, Blue/Green/Yellow ambience facial & body lights.

Relief

High heat & intensity whole body massage with heated bed, Relaxation aromatherapy, Medium cooling face fan, Red/Yellow ambience facial & body lights.

Weight Management

High heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Intense cooling face fan, Red/Yellow/Orange ambience facial and body lights.

Brighten

Medium heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Medium cooling face fan, Red / Blue / Green / Yellow ambience facial & body lights.

Sunshine

Low heat & intensity whole body massage with heated bed, Health aromatherapy, Medium cooling face fan, Red/Blue/Green/Yellow ambience full spectrum facial & body lights.

Core

High heat & intensity whole body massage with heated bed, Vigor aromatherapy, Moderate cooling face fan, Green & Red ambience facial & body lights.

Beauty Care

Medium heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Moderate cooling face fan, Blue/Green ambience facial & body lights.

Cleansing

High heat & intensity whole body massage with heated bed, Cleansing Aromatherapy, Medium cooling face fan, Green/Yellow ambience facial & body lights.

Celiminate

High heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Medium cooling face fan, Red/Yellow ambience facial & body lights

Power Nap

Low heat & intensity whole body massage with heated bed, Relaxation aromatherapy, Low cooling face fan, Blue ambience facial & body lights.

Body Wrap

High heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Moderate cooling face fan, Red/Blue ambience facial & body lights.

Stone Massage

Low heat & intensity whole body massage with heated bed, Vigor aromatherapy, Moderate cooling face fan, Red/Blue ambience facial & body lights.

Condition

High heat & intensity whole body massage with heated bed, Relaxation aromatherapy, Moderate cooling face fan, Red/Green ambience facial & body lights.

Massage

Medium heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Moderate cooling face fan, Red/Blue/Yellow ambience facial & body lights.

Wellness

Medium heat & intensity whole body massage with heated bed, Health aromatherapy, Moderate cooling face fan, Red/Blue/Green ambience facial & body lights.

Fitness

High heat & intensity whole body massage with heated bed, Cleansing aromatherapy, Medium cooling facial fan, Blue / Green / Yellow ambience facial & body lights.

Relaxation

Low heat & intensity whole body massage with heated bed, Relaxation aromatherapy, Moderate facial fan, Green ambience facial & body lights.

Pre/Post Massage

Medium heat & intensity whole body massage with heated bed, Cleansing aromatherapy, moderate cool-ing facial fan, Red/Blue ambience facial & body lights.

Pre-Heat

Medium heat, Heated bed, Moderate facial fan, Red ambience facial & body lights.

Custom

Customize your own experience.



Relax Mult **POD Deluxe**[™] 8" LCD Touch-Screen Control System Self Activated Programs with Colorful Display Parameters

RelaxWell POD DELUXE[™] has self-automated and features a beautiful 8-inch LCD touch-screen control system with state-of-the-art electronics. The large color display and "smart software" provide twenty-two (22) preset wellness programs for easy use and session entertainment. The colorful display has a high-pixel definition LCD screen providing the brightest display in the marketplace. The LCD presents sharp images and superior visibility to make the user experience enjoyable and engaging. Every wellness program has different settings that permit touch-control change or customized personalization of the feature settings — or the user can simply lay back and enjoy their favorite program.



Twenty-one (21) programs plus one (1) Custom



Relax Wellness Technologies

RelaxWell POD DELUXE[™] the software enables the user to adjust the cabinet temperature to any desired level, ranging from ambient room temperature up to 192°F (90°C). The warmed air flows downward to the body from a pattern of hood ports while fans draw the warm air currents equally across the body in a flow that creates the desired temperature level and helps the sauna chamber increase core (body) temperature. As the body responds to the warm chamber environment, the relaxing release of body heat triggers the increase of wellness and fitness cleansing perspiration.

DYNAMIC CONVECTION DRY HEAT

RelaxWell POD Deluxe[™] dry heat air system utilizes a powerful fan and proprietary shower" heat port configuration that circulates a dynamic vortex of warm air throughout the body chamber by means of convection. The air inside the cabinet is heated and dispersed, evenly and safely.

RADIANT INFRARED (IR) HEAT

Users can use the infrared wellness heat system separately or together with dry heat air for the healthy activity of whole body passive thermal exercise (PTE). The IR heat energy is absorbed by the water in the body tissue and transmitted by conduction.

Many users enjoy infrared heating because radiant infrared heats the body without heating

the air inside the body chamber. When the infrared heat system is used without the dry heat air system, the air inside the cabin remains relatively cool and users can receive passive thermal fitness benefits without heating the air itself. The **RelaxWell POD Deluxe**[™] dual heat system with radiant infrared is unique for a superior wellness experience. The dual combination of a dry heat air convection system and a radiant infrared heat conduction system is a unique and patented **RelaxWell POD Deluxe**[™] wellness feature.

BUILT-IN HEATED BED SYSTEM

Users can use the infrared wellness heat system separately or together with dry heat air for the healthy activity of whole body passive thermal exercise (PTE). The IR heat energy is absorbed by the water in the body tissue and transmitted by conduction.

CUSHIONED ERGONOMIC WITH SOOTHING DUAL VIBRATION MASSAGE BED

Dual vibration transducers located under the cushioned ergonomic bed can be controlled and adjusted to achieve soothing and invigorating back and leg massage or customized massage vibration. The massage intensity settings can be adjusted from low, mild, strong, intense to maximum vibration. Users can select their own personal vibratory massage levels for stress management, relaxation, soothing aching muscles, sleep management or refreshing power naps.

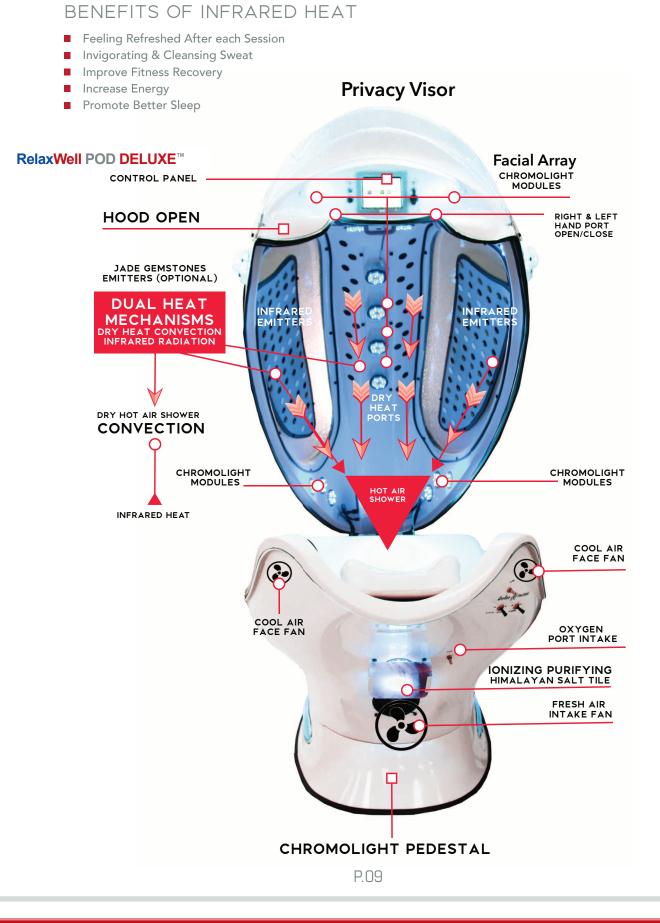


"air

Dynamic Convection

Air Shower Heat Ports

Relax Well POD's Dynamic Heating System & Special Features



Relay Well POD Deluxe[™] has four (4) advanced Chromolight Features: Facial Array, Body Chamber and the Illuminated Designer Pedestal & Glowing Salt Tile

BENEFITS OF CHROMOLIGHT: Choose Red, Yellow, Green, Blue or any R, Y, G, B, Colorful Combination

- Beauty Regimen
- Athletic Recovery & Performance
- Mental Clarity & Mindfulness
- Promote Better Sleep & Relaxation
- Improved Fitness & Wellness
- Stress Relief
- Mood Enhancement

BODY CHAMBER AMBIENT MULTICOLOR CHROMOLIGHTS & FACIAL AMBIENT CHROMOLIGHTS SYSTEM

RelaxWell POD DELUXE[™] has a total of twenty-two (22) colorful chromolight module stations built into the body chamber & facial area as well as the Himalayan salt tile system, exterior handles and designer pedestal. Each light module station has non-thermal multicolor and near infrared chromolights. The four primary colors can be combined and blended to achieve a palette of colorful hues. The independent Body and Face ambient multicolor modules can be auto-programmed, synchronized in tandem or separately controlled to simultaneously provide different colors to the body chamber or the facial area. RelaxWell POD Deluxe[™] translucent windows are pebble-embossed to refract the colors of the colorful chromolights like a prism to sparkle, excite & enhance the mood and ambience of every session.

Many users enjoy infrared heating because radiant infrared heats the body without heating the air inside the body chamber. When the infrared heat system is used without the dry heat air system, the air inside the cabin remains relatively cool and users can receive passive thermal fitness benefits without heating the air itself. The **RelaxWell POD Deluxe**[™] dual heat system with radiant infrared is unique for a superior wellness experience. The dual combination of a dry heat air convection system and a radiant infrared heat conduction system is a unique and patented **RelaxWell POD Deluxe**[™] wellness feature.

CHROMOLIGHT ILLUMINATED DESIGNER PEDESTAL

A matching illuminated Chromolight Pedestal designed specifically for the **RelaxWell POD Deluxe**[™] raises the POD 7" in height. The matching translucent privacy visor can be extended over the head & face for greater seclusion and serenity.

BIO-STACKING Principles

Bio-stacking is using multiple (2 or more) biohacking wellness technologies that work together to accelerate and create a faster or more effective outcome.

RelaxWell POD Deluxe™ HAS THE CAPABILITY OF 18 MULTIPLE SYNCHRONIZED BIO-STACKING WELLNESS TECHNOLOGIES

COMBINES TWO HEAT SOURCES CONVECTIVE & CONDUCTIVE DRY HEAT AND RADIANT INFRARED

ERGONOMIC COMFORTABLE HEATED BED & CONTOUR PILLOW, DUAL-MOTORIZED VIBRATORY MASSAGE

ENGINEERED FOR SIMPLE OPERATION & SELF-AUTOMATED SERVICES





ry Wellness System

Healthy Lifestyle Fitness & Wellness Activity for Everyone

Active - Passive heat is a great alternative to exercise for people who prefer passive or are unable to engage in physical activity due to time, lifestyle choices, physical limitation, or injury.

Dual Far-Infrared & Dry Convection heating is coupled with FAR & Near-infrared heat to maximize fitness and wellness outcomes. Experience both passive and active-thermal exercise in a pod with chromolights, dual vibration massage, oxygen-enriched air and 18 synchronized wellness technologies that promote the wellness improvement of fitness recovery, enhanced fitness, and general health or peace of mind.

> LUXURIOUS & SENSUAL ESSENTIAL OIL AROMAS, ADJUSTABLE COOL FACIAL AIR ENRICHED OXYGEN AIR FLOW

BENEFITS OF PURE JADE GEMSTONES PROMOTE QI ENERGY BALANCE, PURITY, CLEANSING, CALMING

Relate **POD Deluxe**[™] Twenty-Two (22) Wellness & Fitness Technologies

RelaxWell POD has both a Non-Strenuous PASSIVE Thermal Exercise (PTE) or adjustable high performance ACTIVE Thermal Exercise (ATE) system. The RelaxWell POD includes a patented built-in exercise fitness system featuring dynamic isotonic-isometric resistance bands with cushioned grips.



INTEGRATED FITBED™ ACTIVE THERMAL H.I.I.T. EXERCISE (ATE) SYSTEM

RelaxWell POD Deluxe[™] Users can perform High-Intensity Interval Training (H.I.I.T.) exercises while enjoying Active Thermal Exercise for enhanced hyperthermic conditioning fitness, and wellness benefits. Exercise resistance bands provide from low to high resistance for all levels of fitness sessions, from poorly conditioned or out-of-shape beginners, intermediate routines and elite professional athletes. You can practice heated stretching, flexibility general mobility, increased flow of Qi energy and yoga poses too!

JADE COMFORT MAT

Lustrous Jade is the perfect body relaxation mat for your wellness services. Jade Comfort Mat contains 96 large (1.5" diameter) beautiful semi-precious genuine Jade gemstones.



AROMATHERAPY SYSTEM

The **RelaxWell POD Deluxe**[™] aroma system has 4 separate diffusers which enables users to choose essential oil scents for heightened blended aromas of vigor, health, relaxation, or cleansing aromatherapy enjoyment and enhanced wellness protocols. Scented air flows over the body and face and fills the air in the body chamber. The user's olfactory senses will enjoy the enhancement of ambience and mood sessions. The sensory experiences of aromatherapy include relaxation, health, beauty and total well-being.

HIMALAYAN PURE IONIC CRYSTAL SALT

RelaxWell POD Deluxe[™] users can experience similar enjoyment of traditional natural mineral-salt caves found in Europe and salt rooms which have recently emerged across the United States. A (6" x 6") tile of Himalayan pure ionic crystal salt is mounted near the air intake fan to provide refreshing salt air. Salt air or "Halotherapy" has long been practiced as a traditional holistic wellness experience and the POD becomes the user's very own salt cave.

Relax Well **POD Deluxe**[™] (Active Thermal Exercise Fitness) FIT-BED

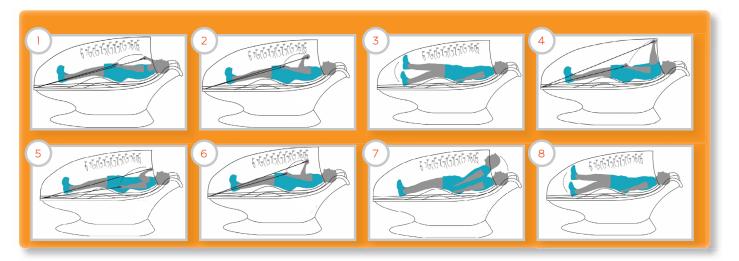
RelaxWell POD Deluxe[™] Fit-Bed integrates four (4) leading exercise concepts

with dual Hyperthermic Dry Heat & Radiant Infrared Heat:

- European calisthenic vibration platform muscle soothing exercises;
- Radiant IR heat for Isometric and Isotonic strength & flexibility exercises;
- Radiant IR heat for Yoga stretching, flexibility, breathing and mindfulness exercises;
- Dry Heat air (Scandinavian & Radiant IR) acclimation for increased strength, fitness and improved endurance.



Integrated FitBed[™] H.I.I.T. Exercise System



The **RelaxWell POD Deluxe**[™] includes a patented built-in exercise fitness system featuring dynamic resistance bands of two different resistance levels with cushioned grips. With the **FIT-Bed Guided Imagery Workout** sessions, users can perform **High Intensity Interval Training (H.I.I.T)** exercises in high heat ('Active Thermal Exercise') for improved fitness, endurance and heat acclimation. Exercise resistance bands can be quickly changed for all fitness levels, from beginner to elite professional. **RelaxWell POD Deluxe**[™] hyperthermic-fitness exercise helps users experience enhanced fitness, improved endurance and wellness benefits.





Relax Well **POD Deluxe**[™] Cooling Multi-Color Facial Lights with two (2) Ambient Chromolights & Pre-set Programs

RelaxWell POD Deluxe[™] Facial Array has mood enhancing ambient Chromolights and a cooling air face fans for you to choose to relax or meditate or a simple illuminated light facial. Enriched Air OxyOasis[™] System can enhance all your sessions.

The **RelaxWell POD Deluxe**[™] includes turbo body & face fans and air intake ports that is oxygen ready for use with the optional stand-alone OxyOasis[™] concentrator. You can choose to fill the body chamber with enriched air that will refresh and cool the user's face while cooled by the face fans. The Optional enriched-O2 air system can also be enhanced with humidity, salt air and/or aromas. A facial sprayer system is also included for facial services enhanced with enriched air while the user experiences whole body wellness sessions.



The independent Body and Face ambient multicolor modules can be

auto-programmed, synchronized in tandem or separately controlled to simultaneously provide different colors to the body chamber or the facial area. **RelaxWell POD Deluxe**[™] translucent windows are pebble-embossed to refract the colors of the colorful chromolights like a prism to sparkle, excite & enhance the mood and ambience of every session.



Healthy Lifestyle & Wellness Activity for Everyone

COMFORTABLE & COOLING FAN AIR SYSTEM – ENSURES THE HEAD & FACE ARE COOLED

RelaxWell POD Deluxe's innovative design keeps the head outside the heated chamber during the session while flowing, refreshing salt-air helps purify the air and cools the head and facial areas. While most people can only endure a few minutes in an enclosed sauna, the cooling face fan keeps the face, head and hair cool. The face fan lets you experience and enjoy the benefits of the Dynamic Dual Heat System inside the POD (up to 192°F/90°C) for extended periods of time.

Relax Mell **POD Deluxe**[™] is Oxygen Ready as a **Perfect Add-On** using our **OxyOasis**[™] Oxygen Condenser (Optional)

BENEFITS OF OXYGEN

- Improve Fitness Recovery
- Increase Energy
- Promote Better Sleep
- Improve Endurance



The Possibilities Are Nearly Endless – Wellness & Fitness Recovery for Everyone



BENEFITS OF MASSAGE

- Feeling incredibly Peaceful
- Soothe Aches & Sore Muscles
- Relieves Stress
- Promote Better Sleep
- Increase Flexibility & Range of Motion

RECOPRO™ RECOVERY LEG & FOOT MASSAGER (OPTIONAL)

RelaxWell POD Deluxe[™] can be used with the adjustable compression leg and foot massager called the RECOPRO[™] Compression Massage System is perfect for use in dry heated wellness pods. This self-automated RECOPRO[™] has four (4) pre-set programs (10 - 20- 30 minutes) sessions. Perfect fitness recovery & wellness massage enhancement.



Touch key pad controllers
 Adjustable massage
 Time range: 10-20-30 minutes
 2 Massage modes
 4 Massage zones





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eScapes Interactive Guided Reality Suites

The smart wellness software includes a series of motivational images and messages conducive to body and mind wellness applications. The user can select from eScapes[™] imagery for entertainment, information and visual enhancement of their wellness goals.



Interactive Guided Reality

RelaxWell POD Deluxe's color LCD controls an interactive wellness technologies and exercise modalities integrated with visual imagery to enhance a myriad of wellness applications. The **RelaxWell POD Deluxe** is the first personalized delivery system in the world to integrate wellness guided imagery with the physical modalities of convective dry heat, radiant infrared heat, massage vibration, aromatherapy and exercise resistance tubes. The proprietary eScapes[™] software enables users to enhance and precipitate a positive psychologic and physiologic wellness response with visual wellness images synchronized to guide long-term and short-term memory for use of the mind to enhance physical function and promote overall well-being. Interactive guided imagery facilitates and complements a variety of holistic wellness programs with specific exercises, specific modalities and specific images.

Guided Reality Images:

Relaxation scenes, Fitness Exercises, Weight Management guidance, Pain Relief, Yoga & Flexibility & Positive Inspiration.

Wellness Applications:

Stress Management, Weight Management, Fitness Programs, Sleep, Muscle Relief, Body Esthetics, Mobility & Flexibility, Body & Mind Well-Being, and Athletic Peak Performance.

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Relaxation & Fitness





The visual eScapes software utilizes a beautiful array of engaging images for soothing relaxation suites while the user enjoys the warmth and comfort within the heated chamber. Users can select from eight (8) different categories of relaxing images (i.e. beach scapes, desert scapes, floral scapes, night sky, etc.) to enhance the session with the power of guided reality imagery.

Canes Fitness

RelaxWell POD's new visual eScapes software enables you to experience fitness training for any fitness level while enjoying an **RelaxWell POD Deluxe** session.



POD

The RelaxWell POD DELUXE includes a patented builtin exercise fitness system featuring dynamic resistance bands of two different resistance levels with cushioned grips

The exercise program combines heat (Hyperthermic Conditioning) with high-intensity interval training (HIIT) for the ultimate in fitness efficiency and efficacy. With the FIT-Bed Guided Workout sessions users can perform High Intensity Interval Training (HIIT) exercises (Active Thermal Exercise) while enjoying their POD sessions for improved fitness and heat acclimation. During your session, you will be instructed on the appropriate exercises, number of repetitions and duration of rest periods for your fitness level (beginner, intermediate or advanced). Exercise resistance bands can be easily and quickly changed to provide from low to high resistance for all levels of fitness sessions, from beginner to elite professionals. The **RelaxWell POD Deluxe**[™] hyperthermic-fitness exercise system encourages a healthy fit lifestyle and users can experience wellness benefits.



Hot Yoga / Flexibility / Mindfulness



Visual Instructions for 20 Yoga Poses

RelaxWell POD Deluxe's new visual eScapes software enhances your yoga practice with a series of visual instructions and images displaying a number of yoga/flexibility postures and breathing exercises conducive to the heated environment of the RelaxWell POD Deluxe[™]. Instructional and motivational messages and images are displayed on the color monitor to guide you as you perform these effective hot yoga mindfulness movements.



Modified Fish Pose

a. Arch lower back using hands and forearms for support.b. Keep head and shoulder flat on bed and hold for 30 seconds. **Abdominal Burst**

10

a. Lift head, arms, and hands slightly off bed keeping eyes toward ceiling.b. While exhaling, contract abs and push fingers slightly toward toes.c. Move back into starting position and repeat 30

times in a fast-repetitive motion

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Relax Well POD



Positive Inspiration



RelaxWell POD Deluxe[™] includes short, positive and uplifting quotations and inspirational messages that are beautifully displayed in sequence to help complement and enhance serene mindfulness and inspiring motivation while enjoying a Wellness session. The user can choose from two sets of Positive Inspiration messages and pause the images at any time for greater reflection or allow the auto-sequencing of the entire suite.

Muscle Relief

Visual messages present thoughtful statements, meditations, tips and choices intended for helping enhance awareness of healthy lifestyle skills to help fitness recovery and relieve aching muscles, and/or may help to enhance wellness and living well by encouraging healthy activities and mindfulness.



eOlcapes Weight Management

Two guided image suites of weight management information slides - HEALTHY CHOICES or WELLNESS LIFE STYLE, provide colorful and interesting visuals with healthy lifestyle quotes and facts about how to promote or maintain a healthy weight, encourage healthy eating, or assisting with weight loss goals. The suites auto-sequence during the wellness session or can be paused for reflection or visual enjoyment.





Your body hears everything your mind says. **Stay positive.**

Engineering System Hidden—Business Data Screen



★ ★ ★ ★ **DELUXE** Multi-Sensory Wellness System

The advanced *Qdad Well* **POD Deluxe**[™] software now includes an array of useful engineering system screens for business tracking, data collection and technical support.



 Continuous display of run hours for the entire system and all key features including dry heat system, infrared heat system, face fan, vibration system (upper and lower), body lights, face lights, and aromatherapy system;



- System data collection monitors (relays for heaters, face fan, lights and aromas)
- Time default settings, T-Max settings, F/lbs or C-kgs, calorie display.





Better Fitness. Better Wellness. Better Life.

Fitness, Wellness, Weight Management, Energy, Endurance, Sleep



20 Integrated Wellness Technologies

Beautiful Touch-Screen Color 8" LCD, with High Definition	\checkmark
21 Pre-set Programs "Smart Wellness Software"	\checkmark
Dual Infrared (IR) Radiant Heat & Dynamic Convection Dry Heat	\checkmark
25 Chromolight Ambient Body Chamber Modules (R/G/Y/B)	\checkmark
Facial Array & 2 Chromolight Ambient Face Modules	\checkmark
Ergonomic Vibratory Massage Built-in Heated Bed System	\checkmark
Aroma System with Four (4) Automatic Diffusers	\checkmark
Himalayan Salt Tile for Refreshing Salt Air (6" x 6")	\checkmark
Cooling Face Air & Face and Body Turbo System	\checkmark
Oxygen Ready Oxy Turbo System	\checkmark
FitBed [™] HIIT Hyperthermic Exercise System	\checkmark
Entertainment Guided Imagery	\checkmark
Translucent Windows & Germicidal Gel Coat Shell	\checkmark
Glowing Chromolight Pedestal	\checkmark
Touch-Free. No Attendant Required.	

Warranty: One (1) year standard system warranty and Two (2) year chamber extended warranty

Capsule Size: 3' tall 3' wide x 7.5' long Weight: 265 lbs/120 kg Height: (closed) 39" / 99 cm Height: (open) 89" / 226 cm Length: 89" /226 cm Width: 35" / 89 cm

Power requirements: 220 V 50/60 Hz



Amperage: Dedicated 15 Amp service required

RelaxWell POD is not a medical device. It is not for medical purposes and makes no medical claims. RelaxWell POD has not been evaluated by the FDA and is not for any medical purpose whatsoever. RelaxWell POD is a general wellness product, relaxation and healthy lifestyle fitness system.



Toll Free: 1 (800) 445.8418 or 1(952) 888.8282 • Fax: 1 (952) 888.8887 e-mail: info@wellness-usa.com • website: www.wellness-usa.com





Multiple Red, Yellow, Green, Blue Ambient Light Programs



Soothing Vibration Massage - Heated Bed



(Optional) Chromolight Bed 2 System

RECOPRO™ Leg Massager



Massage 2 in Pod or Stand alone (optional)



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